Toilet Training

URL of this page: http://www.nlm.nih.gov/medlineplus/toilettraining.html

Also called: Potty training

Is your child ready to use a potty? The more important question may be, are you? Children are usually ready around ages 18-24 months. They often signal that they are ready by letting you know when their diapers need changing. You should be prepared to commit to three months of daily encouragement. Successful trips to the potty should be rewarded. Missteps shouldn't get as much attention. Training requires patience. If it is not successful, it may mean your child is not ready.

Start Here

Overviews
  Also available in Spanish [http://www.healthychildren.org/spanish/ages-stages/toddler/toilet-training/paginas/creating-a-toilet-training-plan.aspx]
- Potty Training: How to Get the Job Done [http://www.mayoclinic.com/health/potty-training/CC00060/METHOD=print] (Mayo Foundation for Medical Education and Research)
  Also available in Spanish [http://familydoctor.org/familydoctor/es/kids/toileting/toilet-training-your-child.printerview.all.html]

Latest News

Specific Conditions
  Also available in Spanish [http://www.familyconnect.org/parentsite.asp?SectionID=94&TopicID=421&DocumentID=4985]
  Also available in Spanish [http://www.healthychildren.org/spanish/ages-stages/toddler/toilet-training/paginas/overcoming-obstacles-while-toilet-training-an-older-child.aspx]
• Surviving Toilet Training [http://www.childwelfare.gov/preventing/supporting/resources/toilettraining.cfm] (Children's Bureau)
  Also available in Spanish [http://www.childwelfare.gov/preventing/supporting/resources/sobreviviendo.cfm]

Related Issues
  Also available in Spanish [http://www.healthychildren.org/spanish/ages-stages/toddler/toilet-training/paginas/cognitive-and-verbal-skills-needed-for-toilet-training.aspx]
  Also available in Spanish [http://www.healthychildren.org/spanish/ages-stages/toddler/toilet-training/paginas/regression.aspx]
  Also available in Spanish [http://www.healthychildren.org/spanish/ages-stages/toddler/toilet-training/paginas/withholding-behavior.aspx]

Journal Articles

References and abstracts from MEDLINE/PubMed (National Library of Medicine)
• KidsHealth [http://kidshealth.org/] (Nemours Foundation)
• National Institute of Child Health and Human Development [http://www.nichd.nih.gov] NIH

**Patient Handouts**
• Surviving Toilet Training [http://www.childwelfare.gov/preventing/pdfs/surviving.pdf] (Children's Bureau)

**You may also be interested in these related MedlinePlus topics:**
• Bedwetting [http://www.nlm.nih.gov/medlineplus/bedwetting.html]

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