Toddler Development

URL of this page: http://www.nlm.nih.gov/medlineplus/toddlerdevelopment.html

Mastering new skills such as how to walk, talk, and use the potty are developmental milestones. It is exciting to watch your toddler learn new skills. The normal development of children aged 1-3 can be broken down into the following areas:

- Gross motor - walking, running, climbing
- Fine motor - feeding themselves, drawing
- Sensory - seeing, hearing, tasting, touching, and smelling
- Language - saying single words, then sentences
- Social - playing with others, taking turns, doing fantasy play

Toddlers do not develop at the same rate. There is a wide range of what is considered "normal." Your child may be ahead in some areas and slightly behind in others. If you are worried about possible delays, talk to your child's health care provider.

Start Here
  Also available in Spanish [http://www.cdc.gov/ncbddd/Spanish/actearly/milestones/index.html]

Overviews

Latest News

Treatment
  Also available in Spanish [http://kidshealth.org/parent/en_espanol/crecimiento/speech_therapy_esp.html]

Prevention/Screening

Specific Conditions
- Cognitive Development: One-Year-Old [http://www.healthychildren.org/English/ages-


### Related Issues


- Separation Anxiety (For Parents) [http://kidshealth.org/parent/behaviors/emotions/separation_anxiety.html] (Nemours Foundation)

  Also available in Spanish [http://kidshealth.org/parent/en_español/emociones/separation_anxiety_esp.html]


- Stopping the Bottle [http://kidshealth.org/parent/pregnancy_center/newborn_care/no_bottles.html] (Nemours Foundation)
• Thumb Sucking: Help Your Child Break the Habit [http://www.mayoclinic.com/health/thumb-sucking/MY01262/METHOD=print] (Mayo Foundation for Medical Education and Research)
• Toddlers and Sexual Behavior [http://www.virtualpediatrichospital.org/patients/cqqa/toddlersandsex.shtml] (Virtual Pediatric Hospital)

Anatomy/Physiology
• Growth Charts (For Parents) [http://kidshealth.org/parent/growth/growth/growth_charts.html] (Nemours Foundation)
  Also available in Spanish [http://kidshealth.org/parent/en_espanol/general/growth_charts_esp.html]

Journal Articles
References and abstracts from MEDLINE/PubMed (National Library of Medicine)
• Article: Iodine and mental development of children 5 years old and... [http://www.ncbi.nlm.nih.gov/pubmed/23609774?tool=MedlinePlus]

Directories
• Verification of Certification [https://www.abp.org/MOCVerification/VerificationServlet] (American Board of Pediatrics)

Organizations
• KidsHealth [http://kidshealth.org/] (Nemours Foundation)
• National Institute of Child Health and Human Development [http://www.nichd.nih.gov] NIH

Patient Handouts
• Developmental milestones record - 12 months [http://www.nlm.nih.gov/medlineplus/ency/article/002005.htm]
  Also available in Spanish [http://www.nlm.nih.gov/medlineplus/spanish/ency/article/002005.htm]
  Also available in Spanish [http://www.nlm.nih.gov/medlineplus/spanish/ency/article/002011.htm]
  Also available in Spanish [http://www.nlm.nih.gov/medlineplus/spanish/ency/article/002012.htm]
• Developmental Screening [http://www.cdc.gov/ncccddd/actearly/pdf/parents_pdfs/DevelopmentalScreening.pdf] (Centers for Disease Control and Prevention) - PDF
  Also available in Spanish [http://www.nlm.nih.gov/medlineplus/spanish/ency/article/002456.htm]
• Toddler development [http://www.nlm.nih.gov/medlineplus/ency/article/002010.htm]
  Also available in Spanish [http://www.nlm.nih.gov/medlineplus/spanish/ency/article/002010.htm]

You may also be interested in these related encyclopedia pages:
• Developmental milestones record - 12 months [http://www.nlm.nih.gov/medlineplus/ency/article/002005.htm]
• Thumbsucking [http://www.nlm.nih.gov/medlineplus/ency/article/001923.htm]
• Toddler development [http://www.nlm.nih.gov/medlineplus/ency/article/002010.htm]

You may also be interested in these related MedlinePlus topics:
• Infant and Newborn Development [http://www.nlm.nih.gov/medlineplus/infantandnewborndevelopment.html]
• Speech and Language Problems in Children [http://www.nlm.nih.gov/medlineplus/speechandlanguageproblemsinchildren.html]
• Toddler Health [http://www.nlm.nih.gov/medlineplus/toddlerhealth.html]
• Toilet Training [http://www.nlm.nih.gov/medlineplus/toilettraining.html]

The primary NIH organization for research on Toddler Development is the National Institute of Child Health and Human Development [http://www.nichd.nih.gov/]

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