Remission From Depression Is Possible
Over 350 million people worldwide suffer from depression. While medications may help manage symptoms of depression, many patients are not satisfied with the results from standard drug therapy due to:

- Lack of efficacy or
- Intolerable side effects

Major depression is a serious medical illness.
While the exact cause of depression is not known, the leading scientific theory is that it is caused by an imbalance of the brain’s neurotransmitters, which are chemical messengers that send signals between brain cells.

Source: Mark George, M. D. Biological Psychiatry Branch Division of Intramural Research Programs, NIMH 1993
What impact does depression have on your life?

- Relationships
- Work
- Finances
- Quality of life

What was your life like before your depression?
Treating depression

While antidepressant drugs work for many people, some still do not receive adequate treatment.¹

- For these patients, the effects of depression can still be debilitating
Proven non-drug treatment for depression

NeuroStar TMS Therapy® for depression is:

- FDA-cleared for patients who have not benefited from prior antidepressant medication
- Free from side effects often associated with medications
Remission from depression is possible

Many patients’ depression symptoms significantly improved or went away after 4 to 6 weeks of treatment with NeuroStar.

• 1 in 2 patients experienced significant improvement
• 1 in 3 patients were symptom free

In an NIMH-funded, independent, randomized controlled trial, patients treated with TMS using the NeuroStar TMS System were four times more likely to achieve remission compared to patients receiving sham treatment ($P = 0.0173$; odds ratio = 4.05).²
Top psychiatry hospitals provide NeuroStar

- Johns Hopkins Hospital
- McLean Hospital
- Sheppard and Enoch Pratt Hospital
- Mayo Clinic
- UCLA

Other notable hospitals and institutions include:

- Stanford Hospital
- Alegent Health
- Berenson-Allen
- Center for Noninvasive Brain Stimulation (Beth Israel DMC)
- Florida Hospital
- University of Michigan
- Butler Hospital/Brown University
- Medical University of South Carolina
- Rush University
- Walter Reed
- University of Florida
- Loma Linda University
- Boston University
- University of South Florida
- Southern Illinois University

NeuroStar® Proven Safe and Effective
Safe and easy to tolerate

Free from the side effects often associated with antidepressant medication³,⁵

<table>
<thead>
<tr>
<th>NeuroStar: Other Adverse Events⁵</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eye Pain</td>
</tr>
<tr>
<td>Facial Pain</td>
</tr>
</tbody>
</table>

Adverse events for Neurostar are transient, occur during TMS treatment and do not occur for most patients after the first week of treatment.³

<table>
<thead>
<tr>
<th>ANTIDEPRESSANT MEDICATIONS: Other Adverse Events⁵</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nervousness</td>
</tr>
<tr>
<td>Constipation</td>
</tr>
<tr>
<td>Anxiety</td>
</tr>
<tr>
<td>Drowsiness</td>
</tr>
<tr>
<td>Tremor</td>
</tr>
<tr>
<td>Sweating</td>
</tr>
<tr>
<td>Decreased Sexual Interest</td>
</tr>
<tr>
<td>Treatment Discontinuation Side Effects</td>
</tr>
</tbody>
</table>

From product labeling for currently marketed antidepressant medications.

Most Common Side Effects

- Insomnia
- Pain or Discomfort
- Blurred Vision
- Dry Mouth
- Fatigue
- Weight Gain
- Nausea
- GI Distress
- Sexual Dysfunction

Antidepressant Medications

- Nervousness
- Decreased Appetite
- Constipation
- Impotence
- Anxiety
- Headache/Migraine
- Drowsiness
- Increased Appetite
- Tremor
- Diarrhea
- Sweating
- Abnormal Ejaculation
- Decreased Sexual Interest
- Treatment Discontinuation Side Effects

Adverse events occurring at an incidence >5% and 2x the rate of placebo treatment.⁵

NeuroStar® Proven Safe and Effective
NeuroStar TMS Therapy

- Patients are awake and alert during treatment
- In-office treatment takes 37 minutes
- Patients receive therapy 5 days a week, for 4 to 6 weeks
- Patients can go back to their normal activities immediately after treatment
A targeted approach

Transcranial Magnetic Stimulation (TMS)

- Uses a targeted pulsed magnetic field, similar to what is used in an MRI (magnetic resonance imaging) machine
- NeuroStar TMS Therapy stimulates areas of the brain that are underactive in depression
Step One: The patient reclines comfortably in the treatment chair, awake and alert.

Step Two: A small curved device containing the magnetic coil rests lightly on the patient’s head.

Step Three: The device delivers focused magnetic stimulation directly to the target areas of the brain.

Step Four: The patient can immediately resume normal activities.
Getting started

- Physician prescribes NeuroStar TMS Therapy
- Review your insurance and payment options
- Schedule first treatment
About NeuroStar TMS Therapy®

NeuroStar TMS Therapy is indicated for the treatment of Major Depressive Disorder in adult patients who have failed to receive satisfactory improvement from prior antidepressant medication in the current episode.

NeuroStar TMS Therapy is only available by prescription. For complete prescribing information please visit NeuroStar.com.

The most common side effect is pain or discomfort at or near the treatment site. These events are transient; they occur during the TMS treatment course and do not occur for most patients after the first week of treatment.

There is a rare risk of seizure associated with the use of NeuroStar TMS (<0.1% per patient).

References

Remission from Depression is Possible

Redemption Psychiatry, LLC
2730 S. Val Vista Dr, Suite 146
Gilbert, AZ 85295

(480) 471-8560, Ext 408