Internet Safety


For most kids and teens, technology is an important part of their lives. They browse the Web for information, use social networking sites, text, and chat. But there can also be dangers, and it is important for parents to monitor their children’s use and teach them how to be safe online:

- Never give out personal information, such as your full name, address, phone number, or school name
- Tell an adult if any communication (chat, text, e-mail message) makes you feel threatened or uncomfortable
- Never send sexually explicit photographs or messages
- On social networking sites, use privacy controls and only friend people that you know

Of course, some of this advice is good for adults, too.

Start Here

  Also available in Spanish [http://kidshealth.org/parent/en_espanol/padres/net_safety_esp.html]

Overviews


Latest News


Specific Conditions

- Cyberbullying [http://www.stopbullying.gov/cyberbullying/index.html] (Health Resources and Services Administration)
  Also available in Spanish [http://alertaenlinea.gov/articulos/s0014-redes-wifi-p%C3%BAblicas]

Related Issues

- BeSafeRx: Know Your Online Pharmacy
Internet Safety: MedlinePlus (Print Version)

[http://www.fda.gov/Drugs/ResourcesForYou/Consumers/BuyingUsingMedicineSafely/BuyingMedicinesOvertheInternet/BeSafeRxKnowYourOnlinePharmacy/default.htm] (Food and Drug Administration)

Also available in Spanish [http://www.fda.gov/Drugs/ResourcesForYou/ucm080604.htm]

- Understanding Mobile Apps [http://onguardonline.gov/articles/0018-understanding-mobile-apps] (Federal Trade Commission)
  Also available in Spanish [http://alertaenlinea.gov/articulos/s0018-aplicaciones-m%C3%B3viles-qu%C3%A9-son-y-c%C3%B3mo-funcionan]

Games

Journal Articles

References and abstracts from MEDLINE/PubMed (National Library of Medicine)

- Article: Morality, values, traditional bullying, and cyberbullying in adolescence.
- Article: Association of maltreatment with high-risk internet behaviors and offline encounters.
- Article: Feasibility of web-based self-triage by parents of children with influenza-like...

Dictionaries/Glossaries


Organizations

  Also available in Spanish [http://www.ftc.gov/index_es.shtml]
- KidsHealth [http://kidshealth.org/] (Nemours Foundation)
- National Center for Missing and Exploited Children [http://www.missingkids.com/]

Children

- NetSmartz Kids [http://www.netsmartzkids.org/] (Boys & Girls Clubs of America, National Center for Missing and Exploited Children)
  Also available in Spanish [http://kidshealth.org/kid/en_espanol/seguridad/internet_safety_esp.html]

Teenagers

Also available in Spanish [http://kidshealth.org/teen/en_espanol/seguridad/internet_safety_esp.html]

- NSTeens [http://www.nsteens.org/] (Boys & Girls Clubs of America, National Center for Missing and Exploited Children)

You may also be interested in these related MedlinePlus topics:

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