

Inhalants

URL of this page: <http://www.nlm.nih.gov/medlineplus/inhalants.html>

Also called: Huffing

If you're a parent, you may fear that your kids will use drugs such as marijuana or LSD. But you may not realize the dangers of substances in your own home. Household products such as glues, hair sprays, paints and lighter fluid can be drugs for kids in search of a quick high. Many young people inhale vapors from these not knowing that serious health problems can result.

Parents and kids both need to know this is very dangerous. Even one session of inhalant abuse can disrupt heart rhythms and lower oxygen levels. Either of these can cause death. Regular abuse can result in serious harm to the brain, heart, kidneys and liver.

NIH: National Institute on Drug Abuse

Start Here

- Inhalant Abuse [<http://www.drugabuse.gov/publications/research-reports/inhalant-abuse>] **NIH** (National Institute on Drug Abuse)
Also available in Spanish [<http://www.drugabuse.gov/es/publicaciones/drugfacts/los-inhalantes>]
- Inhalants [<http://www.drugabuse.gov/publications/drugfacts/inhalants>] **NIH** (National Institute on Drug Abuse)

Overviews

- Inhalant Abuse [<http://familydoctor.org/familydoctor/en/diseases-conditions/inhalant-abuse.printerview.all.html>] (American Academy of Family Physicians)
Also available in Spanish [<http://familydoctor.org/familydoctor/es/diseases-conditions/inhalant-abuse.printerview.all.html>]
- Inhalants [http://www.justice.gov/dea/druginfo/drug_data_sheets/Inhalants.pdf] (Drug Enforcement Administration) - PDF
- Inhalants [<http://www.drugabuse.gov/DrugPages/Inhalants.html>] **NIH** (National Institute on Drug Abuse)

Related Issues

- Inhalants [http://drugfactsweek.drugabuse.gov/chat/chatfaqs_topics/inhalants.php] **NIH** (National Institute on Drug Abuse)

Journal Articles

References and abstracts from MEDLINE/PubMed (National Library of Medicine)

- Article: Sudden severe perioral swelling in an adolescent boy. [<http://www.ncbi.nlm.nih.gov/pubmed/23530459?tool=MedlinePlus>]
- Article: Helium inhalation in adolescents: characteristics of users and prevalence of... [<http://www.ncbi.nlm.nih.gov/pubmed/23457887?tool=MedlinePlus>]
- Article: Volatile substance misuse: toward a research agenda. [<http://www.ncbi.nlm.nih.gov/pubmed/23050988?tool=MedlinePlus>]
- Inhalants -- see more articles [[http://www.ncbi.nlm.nih.gov/pubmed?term=inhalant+abuse\[mh\]+NOT+\(letter\[pt\]+OR+editorial\[pt\]\)+AND+humans\[mh\]+AND+english\[la\]+AND+%22last+2+Years%22\[edat\]&tool=MedlinePlus](http://www.ncbi.nlm.nih.gov/pubmed?term=inhalant+abuse[mh]+NOT+(letter[pt]+OR+editorial[pt])+AND+humans[mh]+AND+english[la]+AND+%22last+2+Years%22[edat]&tool=MedlinePlus)]

Organizations

- Drug Enforcement Administration [<http://www.justice.gov/dea/>]
- National Institute on Drug Abuse [<http://www.drugabuse.gov/>] **NIH**
Also available in Spanish [<http://www.drugabuse.gov/es/inicio>]
- Partnership at Drugfree.org [<http://www.drugfree.org/>] (Partnership for a Drug-Free America)
- Substance Abuse and Mental Health Services Administration [<http://www.samhsa.gov/>]

Statistics

- 12 Year Olds More Likely to Use Inhalants Than Cigarettes or Marijuana [<http://www.oas.samhsa.gov/2K10/inhalents/Spotlight001AdolInhalant.htm>] (Substance Abuse and Mental Health Services Administration)
- Adolescent Inhalant Use and Selected Respiratory Conditions [<http://oas.samhsa.gov/2k10/175/175RespiratoryCond.htm>] (Substance Abuse and Mental Health Services Administration)
- Adults Represent a Majority of Inhalant Treatment Admissions [<http://www.samhsa.gov/newsroom/advisories/1103165331.aspx>] (Substance Abuse and Mental Health Services Administration)
- Inhalant Use and Major Depressive Episode among Youths Aged 12 to 17: 2004 to 2006 [<http://oas.samhsa.gov/2k8/inhalantsDepress/inhalantsDepress.htm>] (Substance Abuse and Mental Health Services Administration)
- Trends in Adolescent Inhalant Use: 2002 to 2007 [<http://www.samhsa.gov/data/2k9/inhalantTrends/inhalantTrends.htm>] (Substance Abuse and Mental Health Services Administration)

Children

- Inhalant Abuse: Is Your Child at Risk? [<http://www.mayoclinic.com/health/inhalant-abuse/HQ00923/METHOD=print>] (Mayo Foundation for Medical Education and Research)
- What You Need to Know about Drugs: Inhalants [http://kidshealth.org/kid/grow/drugs_alcohol/know_drugs_inhalants.html] (Nemours Foundation)

Teenagers

- Inhalants [<http://teens.drugabuse.gov/drug-facts/inhalants>] **NIH** (National Institute on Drug Abuse)
- Mind Over Matter: Inhalants [<http://teens.drugabuse.gov/educators/curricula-and-lesson-plans/mind-over-matter/inhalants>] **NIH** (National Institute on Drug Abuse)
Also available in Spanish [<http://teens.drugabuse.gov/node/2978>]

Patient Handouts

- Tips for Teens: The Truth about Inhalants [<http://store.samhsa.gov/shin/content//PHD631/PHD631.pdf>] (Substance Abuse and Mental Health Services Administration) - PDF

You may also be interested in these related MedlinePlus topics:

- Club Drugs [<http://www.nlm.nih.gov/medlineplus/clubdrugs.html>]
- Drug Abuse [<http://www.nlm.nih.gov/medlineplus/drugabuse.html>]
- Substance Abuse Problems [<http://www.nlm.nih.gov/medlineplus/substanceabuseproblems.html>]

The primary NIH organization for research on *Inhalants* is the National Institute on Drug Abuse [<http://www.nida.nih.gov/>]

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