Impaired Driving

URL of this page: http://www.nlm.nih.gov/medlineplus/impaireddriving.html

Also called: Distracted driving, Drugged driving, Drunk driving

Impaired driving is dangerous and is the cause of more than half of all car crashes. It means operating a motor vehicle while

- Affected by alcohol
- Affected by illegal or legal drugs
- Too sleepy
- Distracted, such as using a cell phone or texting
- Having a medical condition which affects your driving

For your safety and the safety of others, do not drive while impaired. Have someone else drive you or take public transportation when you cannot drive. If you need to take a call or send a text message, pull over.

National Highway Traffic Safety Administration

Start Here

- Impaired Driving [http://www.cdc.gov/MotorVehicleSafety/Impaired_Driving/impaired-drv_factsheet.html] (Centers for Disease Control and Prevention)

Overviews

- Texting While Driving [http://www.fcc.gov/guides/texting-while-driving] (Federal Communications Commission)

Latest News

- Allergy Meds Could Affect Your Driving [http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm354117.htm] (06/04/2013, Food and Drug Administration)

Prevention/Screening

Specific Conditions
• Allergy Meds Could Affect Your Driving [http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm354117.htm] (Food and Drug Administration)
• Distracted Driving [http://www.cdc.gov/motorvehiclesafety/distracted_driving/index.html] (Centers for Disease Control and Prevention)
• Driving After a Stroke [http://www.strokeassociation.org/STROKEORG/LifeAfterStroke/RegainingIndependence/Driving/Driving_UCM_311016_Article.jsp] (American Stroke Association)
• Driving and Epilepsy [http://www.epilepsyfoundation.org/livingwithepilepsy/youth/youngadults/driving-and-epilepsy.cfm] (Epilepsy Foundation)
  Also available in Spanish [http://www.drugabuse.gov/es/publicaciones/drugfacts/conducir-bajo-la-influencia-de-las-drogas]
• Some Medications and Driving Don't Mix [http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm107894.htm] (Food and Drug Administration)
• Texting on the Move [http://kidshealth.org/teen/safety/driving/texting.html] (Nemours Foundation)

Related Issues
  Also available in Spanish [http://www.nia.nih.gov/node/6100]
• Road Rage Is the Wrong Way [http://www.fmcsa.dot.gov/about/outreach/dsweek/rage.htm] (Department of Transportation)

Health Check Tools
• Sleeping and Driving Don't Mix: Sleep Quiz [http://www.aaafoundation.org/quizzes/index.cfm?button=drowsyquiz] (AAA Foundation for Traffic Safety)

Videos
• Drowsy Driving [http://healthysleep.med.harvard.edu/video/sleep07_czeisler_driving] (Harvard Medical School)

Research
• Older Adults’ Knowledge about Medications That Can Impact Driving
• Why Do Many Older Persons Become Disabled in Walking and Driving?

Journal Articles

References and abstracts from MEDLINE/PubMed (National Library of Medicine)

• Article: The long-term effects of active training strategies on improving older...  

• Article: Onset of a declining trend in fatal motor vehicle crashes...  

• Article: Pre-driving evaluation of a teen with attention deficit hyperactivity disorder...  

• Impaired Driving -- see more articles [http://www.ncbi.nlm.nih.gov/pubmed?term= 

Organizations

• Department of Transportation [http://www.dot.gov/]


• National Institute on Alcohol Abuse and Alcoholism [http://www.niaaa.nih.gov] NIH

• National Institute on Drug Abuse [http://www.drugabuse.gov/] NIH

Also available in Spanish [http://www.drugabuse.gov/es/inicio]

Law and Policy


• Policy Statement and Compiled FAQs on Distracted Driving  
  [http://www.nhtsa.gov/Da
ing+Safety/Distracted+Driving/Policy+Statement+and+Compiled+FAQs+on+Distracted+Driving] (National Highway Traffic Safety Administration)


Statistics


• CDC Vital Signs: Drinking and Driving [http://www.cdc.gov/vitalsigns/DrinkingAndDriving/] (Centers for Disease Control and Prevention)


• Distracted Driving in the United States and Europe [http://www.cdc.gov/Features/dsDistractedDriving/] (Centers for Disease Control and Prevention)

  Also available in Spanish [http://www.cdc.gov/spanish/Datos/ConductoresDistraidos/]

• Drowsy Driving: Asleep at the Wheel [http://www.cdc.gov/Features/dsDrowsyDriving/] (Centers for Disease Control and Prevention)


Teenagers
• 5 Ways to Get Drivers to Stop Texting [http://kidshealth.org/teen/your_mind/problems/no_texting.html] (Nemours Foundation)
• Awake at the Wheel [http://www.nhlbi.nih.gov/health/public/sleep/aaw/brochure.pdf] NIH (National Center on Sleep Disorders Research) - PDF
• CDC Vital Signs: Teen Drinking and Driving - A Dangerous Mix [http://www.cdc.gov/vitalsigns/TeenDrinkingAndDriving/] (Centers for Disease Control and Prevention) Also available in Spanish [http://www.cdc.gov/Spanish/especialesCDC/VitalSigns/Conductores Adolescentes Bebiendo/]
• Learning How to Drive with OI [http://www.oif.org/site/DocServer/Learning_to_Drive.pdf?docID=7214] (Osteogenesis Imperfecta Foundation) - PDF

Seniors

Patient Handouts

You may also be interested in these related encyclopedia pages:
• Dementia and driving [http://www.nlm.nih.gov/medlineplus/ency/patientinstructions/000028.htm]

You may also be interested in these related MedlinePlus topics:

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