Erectile Dysfunction

URL of this page: http://www.nlm.nih.gov/medlineplus/erectiledysfunction.html

Also called: ED, Impotence

Erectile dysfunction (ED) is when a man has trouble getting or keeping an erection. ED becomes more common as you get older. But male sexual dysfunction is not a natural part of aging.

Some people have trouble speaking with their doctors about sex. But if you have ED, you should tell your doctor. ED can be a sign of health problems. It may mean your blood vessels are clogged. It may mean you have nerve damage from diabetes. If you don’t see your doctor, these problems will go untreated.

Your doctor can offer several new treatments for ED. For many men, the answer is as simple as taking a pill. Getting more exercise, losing weight or stopping smoking may also help.

NIH: National Institute of Diabetes and Digestive and Kidney Diseases

Start Here
- Erectile Dysfunction

Overviews
- Erectile Dysfunction [http://www.mayoclinic.com/print/erectile-dysfunction/DS00162/DSECTION=all&METHOD=print] (Mayo Foundation for Medical Education and Research)
  Also available in Spanish [http://familydoctor.org/familydoctor/es/diseases-conditions/erectile-dysfunction.printerview.all.html]

Latest News

Diagnosis/Symptoms
Testosterone Test [http://labtestsonline.org/understanding/analytes/testosterone/tab/test] (American Association for Clinical Chemistry)

Treatment
- Erectile Dysfunction: Viagra and Other Oral Medications [http://www.mayoclinic.com/print/erectile-dysfunction/MC00029/METHOD=print] (Mayo Foundation for Medical Education and Research)
- Non-Surgical Management of Erectile Dysfunction (ED) [http://www.urolgyhealth.org/urolgy/index.cfm?article=60] (Urology Care Foundation)
- Penile Implants [http://www.mayoclinic.com/health/penile-implants/MY00358/METHOD=print] (Mayo Foundation for Medical Education and Research)
- Penis Pump [http://www.mayoclinic.com/health/penis-pump/MY00795/METHOD=print] (Mayo Foundation for Medical Education and Research)
- Surgical Management of Erectile Dysfunction [http://www.urolgyhealth.org/urolgy/index.cfm?article=28] (Urology Care Foundation)

Alternative Therapy
- Hidden Risks of Erectile Dysfunction "Treatments" Sold Online [http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm048386.htm] (Food and Drug Administration)

Coping

Specific Conditions
- Bent Penis [http://www.mayoclinic.com/health/bent-penis/MY00759/METHOD=print] (Mayo Foundation for Medical Education and Research)

Related Issues
- Cardiovascular Implications of Erectile Dysfunction [http://circ.ahajournals.org/cgi/content/full/123/21/e609] (American Heart Association)

Tutorials
Videos
- Simultaneous Inflatable Penile Prosthesis (IPP) and Male Sling Placement: Aiding in a Faster Return to Patient Quality-of-Life [http://orlivel.com/coloplast/titan-virtue?view=displayPageNLM] (OR-Live) - Washington University School of Medicine in St. Louis, St. Louis, MO, 05/11/2011

Clinical Trials

Research

Journal Articles

References and abstracts from MEDLINE/PubMed (National Library of Medicine)
- Article: Opioids for back pain are linked to increased risk of... [http://www.ncbi.nlm.nih.gov/pubmed/23687098?tool=MedlinePlus]

Directories
- Find a Urologist [http://www.urologyhealth.org/urology/findurologist.cfm] (Urology Care Foundation)

Organizations
- American Urological Association [http://www.auanet.org/]

Patient Handouts
- Drugs that may cause impotence [http://www.nlm.nih.gov/medlineplus/ency/article/004024.htm]
  Also available in Spanish [http://www.nlm.nih.gov/medlineplus/spanish/ency/article/004024.htm]
  Also available in Spanish [http://www.nlm.nih.gov/medlineplus/spanish/ency/article/003164.htm]
  Also available in Spanish [http://www.nlm.nih.gov/medlineplus/spanish/ency/patientinstructions/000396.htm]