

Dual Diagnosis

URL of this page: <http://www.nlm.nih.gov/medlineplus/dualdiagnosis.html>

A person with dual diagnosis has both a mental disorder and an alcohol or drug problem. These conditions occur together frequently. In particular, alcohol and drug problems tend to occur with

- Depression
- Anxiety disorders
- Schizophrenia
- Personality disorders

Sometimes the mental problem occurs first. This can lead people to use alcohol or drugs that make them feel better temporarily. Sometimes the substance abuse occurs first. Over time, that can lead to emotional and mental problems.

Someone with a dual diagnosis must treat both conditions. For the treatment to be effective, the person needs to stop using alcohol or drugs. Treatments may include behavioral therapy, medicines, and support groups.

NIH: National Institute on Drug Abuse

Start Here

- Comorbidity: Addiction and Other Mental Disorders [<http://www.drugabuse.gov/sites/default/files/comorbidity.pdf>] **NIH** (National Institute on Drug Abuse) - PDF Also available in Spanish [<http://www.drugabuse.gov/es/publicaciones/drugfacts/la-comorbilidad-entre-la-adiccion-y-otros-trastornos-mentales>]

Overviews

- Alcohol and Other Psychiatric Disorders [<http://www.niaaa.nih.gov/alcohol-health/special-populations-co-occurring-disorders/other-psychiatric-disorders>] **NIH** (National Institute on Alcohol Abuse and Alcoholism)
- Dual Diagnosis: Substance Abuse and Mental Illness [http://www.nami.org/Content/NavigationMenu/Inform_Yourself/About_Mental_Illness/By_Illness/Dual_Diagnoses_Substance_Abuse_and_Mental_Illness.htm] (NAMI)

Related Issues

- Bipolar Disorder and Alcoholism: Are They Related? [<http://www.mayoclinic.com/print/bipolar-disorder/AN00920/METHOD=print>] (Mayo Foundation for Medical Education and Research)

Research

- Study Finds Combined Dopamine Dysfunction in Drug Addicted, Schizophrenic Patients [<http://www.drugabuse.gov/news-events/news-releases/2012/10/study-finds-combined-dopamine-dysfunction-in-drug-addicted-schizophrenic-patients>] **NIH** (National Institute on Drug Abuse)

Journal Articles

References and abstracts from MEDLINE/PubMed (National Library of Medicine)

- Article: Psychiatric emergencies (part II): psychiatric disorders coexisting with organic diseases. [<http://www.ncbi.nlm.nih.gov/pubmed/23436669?tool=MedlinePlus>]
- Article: Psychiatric emergencies (part I): psychiatric disorders causing organic symptoms. [<http://www.ncbi.nlm.nih.gov/pubmed/23436668?tool=MedlinePlus>]

- Article: Costs of a public health model to increase receipt of...
[<http://www.ncbi.nlm.nih.gov/pubmed/23475451?tool=MedlinePlus>]
- Dual Diagnosis – see more articles [[http://www.ncbi.nlm.nih.gov/pubmed?term=diagnosis,dual+psychiatry\[mh\]+AND+english\[la\]+AND+\(review\[pt\]+OR+guideline\[pt\]+OR+clinical+trial\[pt\]+OR+jsubsetk\[text\]+OR+jsubsetaim\[text\]+OR+patient+education+handout\[pt\]+OR+jsubsetn\[text\]\)+NOT+\(letter\[pt\]+OR+editorial\[pt\]+OR+case+reports\[pt\]\)+AND+%22last+1+Year%22\[edat\]&tool=MedlinePlus](http://www.ncbi.nlm.nih.gov/pubmed?term=diagnosis,dual+psychiatry[mh]+AND+english[la]+AND+(review[pt]+OR+guideline[pt]+OR+clinical+trial[pt]+OR+jsubsetk[text]+OR+jsubsetaim[text]+OR+patient+education+handout[pt]+OR+jsubsetn[text])+NOT+(letter[pt]+OR+editorial[pt]+OR+case+reports[pt])+AND+%22last+1+Year%22[edat]&tool=MedlinePlus)]

Directories

- Mental Health Treatment Program Locator
[<http://findtreatment.samhsa.gov/MHTreatmentLocator/faces/quickSearch.jspx>] (Substance Abuse and Mental Health Services Administration)
- Substance Abuse Treatment Facility Locator
[<http://findtreatment.samhsa.gov/TreatmentLocator/faces/quickSearch.jspx>] (Substance Abuse and Mental Health Services Administration)

Organizations

- American Psychiatric Association [<http://www.psych.org/>]
- NAMI [<http://www.nami.org/>]
Also available in Spanish [http://www.nami.org/template.cfm?section=NAMI_en_espa%F1oI]
- National Institute of Mental Health [<http://www.nimh.nih.gov/>] **NIH**
- Substance Abuse and Mental Health Services Administration [<http://www.samhsa.gov/>]

Statistics

- Co-Occurring Mental Problems & Substance Use [<http://www.oas.samhsa.gov/dual.cfm>] (Substance Abuse and Mental Health Services Administration)
- Nearly One Third of College Student Substance Abuse Treatment Admissions with Co-Occurring Mental Disorders Abuse Prescription Drugs [<http://www.samhsa.gov/data/spotlight/Spot094-College-Prescription-Drug-Use.pdf>] (Substance Abuse and Mental Health Services Administration) - PDF

Teenagers

- Dual Diagnosis: Adolescents with Co-Occurring Brain Disorders and Substance Abuse Disorders
[<http://www.nami.org/PrinterTemplate.cfm?Template=/ContentManagement/HTMLDisplay.cfm&ContentID=13691>] (NAMI)

Patient Handouts

- Comorbidity: Addiction and Other Mental Disorders
[<http://www.drugabuse.gov/sites/default/files/comorbidity.pdf>] **NIH** (National Institute on Drug Abuse) - PDF
Also available in Spanish [<http://www.drugabuse.gov/es/publicaciones/drugfacts/la-comorbilidad-entre-la-adiccion-y-otros-trastornos-mentales>]

You may also be interested in these related MedlinePlus topics:

- Alcoholism [<http://www.nlm.nih.gov/medlineplus/alcoholism.html>]
- Bipolar Disorder [<http://www.nlm.nih.gov/medlineplus/bipolar disorder.html>]
- Depression [<http://www.nlm.nih.gov/medlineplus/depression.html>]
- Drug Abuse [<http://www.nlm.nih.gov/medlineplus/drugabuse.html>]
- Mental Disorders [<http://www.nlm.nih.gov/medlineplus/mentaldisorders.html>]
- Schizophrenia [<http://www.nlm.nih.gov/medlineplus/schizophrenia.html>]
- Mental Health and Behavior [<http://www.nlm.nih.gov/medlineplus/mentalhealthandbehavior.html>]
- Substance Abuse Problems [<http://www.nlm.nih.gov/medlineplus/substanceabuseproblems.html>]

The primary NIH organization for research on *Dual Diagnosis* is the National Institute of Mental Health [<http://www.nimh.nih.gov/>]

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