Divorce

URL of this page: http://www.nlm.nih.gov/medlineplus/divorce.html

Divorce is the legal breakup of a marriage. Like every major life change, divorce is stressful. It affects finances, living arrangements, household jobs, schedules, and more. If the family includes children, they may be deeply affected.

Overviews
- Helping Your Child through a Divorce [http://kidshealth.org/parent/positive/talk/help_child_divorce.html] ( Nemours Foundation)
  Also available in Spanish [http://kidshealth.org/parent/en_espanol/emociones/help_child_divorce_esp.html]

Coping
- Divorce Matters: Coping with Stress and Change [http://www.extension.iastate.edu/Publications/PM1637.pdf] (Iowa State University, University Extension) - PDF
- Managing Conflict during Divorce [http://www.aamft.org/imis15/Content/Consumer_Updates/Managing_Conflict_During_Divorce.aspx.aspx] (American Association for Marriage and Family Therapy)

Related Issues
- Divorce Matters: Visitation Dos and Don'ts [http://www.extension.iastate.edu/Publications/PM1641.pdf] (Iowa State University, University Extension) - PDF

Financial Issues
- Divorce Matters: Managing Income and Expenses [http://www.extension.iastate.edu/Publications/PM1720.pdf] (Iowa State University, University Extension) - PDF

Journal Articles
References and abstracts from MEDLINE/PubMed (National Library of Medicine)
- Article: Divorce the most common reason for surrendering dogs to breed... [http://www.ncbi.nlm.nih.gov/pubmed/23355708?tool=MedlinePlus]
Organizations

- American Association for Marriage and Family Therapy [http://www.aamft.org/]

Statistics

- National Marriage and Divorce Rate Trends [http://www.cdc.gov/nchs/nvss/marriage_divorce_tables.htm] (Centers for Disease Control and Prevention)

Children

  Also available in Spanish [http://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/Facts_for_Families_Pages/Spanish/Los_Ninos_y_el_Divorcio_01.aspx]
  Also available in Spanish [http://kidshealth.org/kid/en_español/sentimientos/divorce_esp.html]
  Also available in Spanish [http://kidshealth.org/kid/en_español/sentimientos/single_parents_esp.html]
  Also available in Spanish [http://kidshealth.org/kid/en_español/sentimientos/parents_fight_esp.html]

Teenagers

  Also available in Spanish [http://kidshealth.org/teen/en_español/mente/divorce_esp.html]
- When Parents Argue [http://kidshealth.org/teen/your_mind/families/parents_fight.html] (Nemours Foundation)
  Also available in Spanish [http://kidshealth.org/teen/en_español/mente/parents_fight_esp.html]

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