Compulsive Gambling

URL of this page: http://www.nlm.nih.gov/medlineplus/compulsivegambling.html

Also called: Gambling addiction

Many people enjoy gambling, whether it's betting on a horse or playing poker on the Internet. Most people who gamble don't have a problem, but some lose control of their gambling. Signs of problem gambling include:

- Always thinking about gambling
- Lying about gambling
- Spending work or family time gambling
- Feeling bad after you gamble, but not quitting
- Gambling with money you need for other things

If you have concerns about your gambling, ask for help. Your health care provider can work with you to find the treatment that's best for you.

NIH: National Institutes of Health

Start Here

- When the Stakes Turn Toxic: Learn about Problem Gambling [http://newsinhealth.nih.gov/issue/May2011/Feature1] (National Institutes of Health)

Overviews

- Compulsive Gambling [http://www.mayoclinic.com/print/compulsive-gambling/DS00443/METHOD=print&DSECTION=all] (Mayo Foundation for Medical Education and Research)

Diagnosis/Symptoms


Clinical Trials


Journal Articles

References and abstracts from MEDLINE/PubMed (National Library of Medicine)

Directories

- Mental Health Treatment Program Locator [http://findtreatment.samhsa.gov/MHTreatmentLocator/faces/quickSearch.jspx] (Substance Abuse and Mental Health Services Administration)

Organizations


Teenagers


Seniors

- Older Adults at Increased Risk of Gambling Addiction [http://www.ncpgambling.org/i4a/headlines/headlinedetails.cfm?id=897] (National Council on Problem Gambling)

Patient Handouts


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