Bullying

URL of this page: http://www.nlm.nih.gov/medlineplus/bullying.html

Bullying is when a person or group repeatedly tries to harm someone who is weaker or who they think is weaker. Sometimes it involves direct attacks such as hitting, name calling, teasing or taunting. Sometimes it is indirect, such as spreading rumors or trying to make others reject someone.

Often people dismiss bullying among kids as a normal part of growing up. But bullying is harmful. It can lead children and teenagers to feel tense and afraid. It may lead them to avoid school. In severe cases, teens who are bullied may feel they need to take drastic measures or react violently. Others even consider suicide. For some, the effects of bullying last a lifetime.

Centers for Disease Control and Prevention

Start Here


Overviews

- Bullying [http://www.nichd.nih.gov/health/topics/bullying/Pages/default.aspx] NIH (National Institute of Child Health and Human Development)
  Also available in Spanish [http://kidshealth.org/parent/en_espanol/emociones/bullies_esp.html]

Latest News


Diagnosis/Symptoms

- Warning Signs of Bullying [http://www.stopbullying.gov/at-risk/warning-signs/index.html] (Health Resources and Services Administration)

Prevention/Screening

- Avoiding Bullying [http://www.healthychildren.org/English/safety-prevention/at-play/Pages/Avoiding-Bullying.aspx] (American Academy of Pediatrics)
Coping

- Empowering Children to Cope with Teasing [http://www.ccakids.com/assets/one-sheet_teasing.pdf] (Children's Craniofacial Association) - PDF
- Support the Kids Involved [http://www.stopbullying.gov/respond/support-kids-involved/index.html] (Health Resources and Services Administration)

Specific Conditions


Related Issues

- Bullying and Youth with Disabilities and Special Health Needs [http://www.stopbullying.gov/at-risk/groups/special-needs/index.html] (Health Resources and Services Administration)

Clinical Trials

- ClinicalTrials.gov: Bullying [http://clinicaltrials.gov/search/open/condition=Bullying] NIH (National Institutes of Health)

Journal Articles

References and abstracts from MEDLINE/PubMed (National Library of Medicine)

- Bullying – see more articles [http://www.ncbi.nlm.nih.gov/pubmed?term=(bully*tiab)+OR+bulli*tiab)+AND+...
Bullying: MedlinePlus (Print Version)


Organizations

Law and Policy
- Bullying Policies and Laws [http://www.stopbullying.gov/laws/index.html] (Health Resources and Services Administration)

Statistics

Children
- Bullying - For Girls [http://www.girlshealth.gov/bullying/] (Department of Health and Human Services, Office on Women's Health)
- Bullying and LGBT Youth [http://www.stopbullying.gov/at-risk/groups/lgbt/index.html] (Health Resources and Services Administration)

Teenagers
- Dealing with Bullying [http://kidshealth.org/teen/your_mind/problems/bullies.html] (Nemours Foundation)
  Also available in Spanish [http://kidshealth.org/teen/en_espanol/mente/bullies_esp.html]
- Sexual Harassment and Sexual Bullying [http://kidshealth.org/teen/stress_coping_center/stress_situations/harassment.html] (Nemours Foundation)
  Also available in Spanish [http://kidshealth.org/teen/en_espanol/mente/harassment_esp.html]
- Teen Safety: Putting an End to Bullying [http://www.healthychildren.org/English/safety-prevention/at-play/Pages/Teen-Safety-Putting-An-End-To-Bullying.aspx] (American Academy of Pediatrics)

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Date last updated: 18 July 2013
Topic last reviewed: 15 July 2013