

## Bedwetting

URL of this page: <http://www.nlm.nih.gov/medlineplus/bedwetting.html>

### Also called: Enuresis

Many children wet the bed until they are 5 or even older. A child's bladder might be too small. Or the amount of urine produced overnight can be more than the bladder can hold. Some children sleep too deeply or take longer to learn bladder control. Children should not be punished for wetting the bed. They don't do it on purpose, and most outgrow it. Until then, bed-wetting alarms, bladder training and medicines might help.

### Start Here

- Bedwetting [<http://kidshealth.org/parent/general/sleep/enuresis.html>] (Nemours Foundation)  
Also available in Spanish [[http://kidshealth.org/parent/en\\_espanol/general/enuresis-esp.html](http://kidshealth.org/parent/en_espanol/general/enuresis-esp.html)]
- What I Need to Know about My Child's Bedwetting  
[[http://kidney.niddk.nih.gov/KUDiseases/pubs/bedwetting\\_EZ/index.aspx](http://kidney.niddk.nih.gov/KUDiseases/pubs/bedwetting_EZ/index.aspx)] **NIH Easy-to-Read** (National Kidney and Urologic Diseases Information Clearinghouse)  
Also available in Spanish [[http://kidney.niddk.nih.gov/Spanish/pubs/bedwetting\\_EZ/index.aspx](http://kidney.niddk.nih.gov/Spanish/pubs/bedwetting_EZ/index.aspx)]

### Overviews

- Bed-wetting [<http://www.healthychildren.org/English/ages-stages/toddler/toilet-training/pages/Bed-wetting.aspx>] (American Academy of Pediatrics)
- Bed-Wetting [<http://www.mayoclinic.com/print/bed-wetting/DS00611/DSECTION=all&METHOD=print>] (Mayo Foundation for Medical Education and Research)
- Enuresis (Bed-Wetting)  
[<http://familydoctor.org/online/famdocen/home/children/parents/toilet/366.printerview.html>] (American Academy of Family Physicians)  
Also available in Spanish [<http://familydoctor.org/familydoctor/es/kids/toileting/enuresis-bed-wetting.printerview.all.html>]
- Urinary Incontinence in Children [<http://kidney.niddk.nih.gov/kudiseases/pubs/uichildren/>] **NIH** (National Institute of Diabetes and Digestive and Kidney Diseases)

### Treatment

- Medications to Treat Bed-Wetting [<http://www.kidney.org/patients/bw/BWmeds.cfm>] (National Kidney Foundation)

### Disease Management

- Directions for Your Child When Using a Bed-Wetting Alarm [<http://www.kidney.org/patients/bw/BWalarm.cfm>] (National Kidney Foundation)
- Products for Children with Enuresis and Daytime Urinary Incontinence  
[<http://www.kidney.org/patients/bw/BWproducts.cfm>] (National Kidney Foundation)

### Specific Conditions

- Secondary Nocturnal Enuresis [<http://www.kidney.org/patients/bw/BWbedwetSecondary.cfm>] (National Kidney Foundation)

### Related Issues

- Skin Rashes Due to Bed-Wetting [<http://www.kidney.org/patients/bw/BWrash.cfm>] (National Kidney Foundation)

## Clinical Trials

- ClinicalTrials.gov. Enuresis [<http://clinicaltrials.gov/search/open/condition=%22Enuresis%22>] **NIH** (National Institutes of Health)
- ClinicalTrials.gov. Nocturnal Enuresis [<http://clinicaltrials.gov/search/open/condition=%22Nocturnal+Enuresis%22>] **NIH** (National Institutes of Health)

## Journal Articles

### References and abstracts from MEDLINE/PubMed (National Library of Medicine)

- Bedwetting – see more articles [[http://www.ncbi.nlm.nih.gov/pubmed?term=enuresis\[majr\]+AND+child\[mh\]+AND+english\[la\]+AND+humans\[mh\]+NOT+\(letter\[pt\]+OR+editorial\[pt\]\)+AND+%22last+1+Year%22\[edat\]&tool=MedlinePlus](http://www.ncbi.nlm.nih.gov/pubmed?term=enuresis[majr]+AND+child[mh]+AND+english[la]+AND+humans[mh]+NOT+(letter[pt]+OR+editorial[pt])+AND+%22last+1+Year%22[edat]&tool=MedlinePlus)]

## Organizations

- National Institute of Diabetes and Digestive and Kidney Diseases [<http://www2.niddk.nih.gov/>] **NIH**
- National Kidney and Urologic Diseases Information Clearinghouse [<http://kidney.niddk.nih.gov/>] **NIH** (National Institute of Diabetes and Digestive and Kidney Diseases)
- National Kidney Foundation [<http://www.kidney.org/>]

## Children

- Bedwetting [[http://kidshealth.org/kid/health\\_problems/bladder/enuresis.html](http://kidshealth.org/kid/health_problems/bladder/enuresis.html)] (Nemours Foundation)  
Also available in Spanish [[http://kidshealth.org/kid/en\\_espanol/cuerpo/enuresis\\_esp.html](http://kidshealth.org/kid/en_espanol/cuerpo/enuresis_esp.html)]
- Bedwetting: Glossary for Kids [<http://www.kidney.org/patients/bw/BWkidsglossary.cfm>] (National Kidney Foundation)
- How to Explain Bed-Wetting to Your Child [<http://www.kidney.org/patients/bw/BWkidneyboy.cfm>] (National Kidney Foundation)
- Questions Kids Ask [[http://www.kidney.org/patients/bw/bw\\_faq.cfm?id=kids](http://www.kidney.org/patients/bw/bw_faq.cfm?id=kids)] (National Kidney Foundation)

## Teenagers

- Bedwetting (Nocturnal Enuresis) [[http://kidshealth.org/teen/diseases\\_conditions/urinary/enuresis.html](http://kidshealth.org/teen/diseases_conditions/urinary/enuresis.html)] (Nemours Foundation)  
Also available in Spanish [[http://kidshealth.org/teen/en\\_espanol/cuerpo/enuresis-esp.html](http://kidshealth.org/teen/en_espanol/cuerpo/enuresis-esp.html)]

## Adults

- Adult Bed-Wetting: A Concern? [<http://www.mayoclinic.com/print/adult-bed-wetting/AN00688/METHOD=print>] (Mayo Foundation for Medical Education and Research)
- Adult Nocturnal Enuresis [<http://www.nafc.org/bladder-bowel-health/bedwetting-2/adult-bedwetting/>] (National Association for Continence)

## Patient Handouts

- Bed wetting at home [<http://www.nlm.nih.gov/medlineplus/ency/article/003144.htm>]  
Also available in Spanish [<http://www.nlm.nih.gov/medlineplus/spanish/ency/article/003144.htm>]
- Bedwetting [<http://www.nlm.nih.gov/medlineplus/ency/article/001556.htm>]  
Also available in Spanish [<http://www.nlm.nih.gov/medlineplus/spanish/ency/article/001556.htm>]

### You may also be interested in these related encyclopedia pages:

- Bed wetting at home [<http://www.nlm.nih.gov/medlineplus/ency/article/003144.htm>]
- Bedwetting [<http://www.nlm.nih.gov/medlineplus/ency/article/001556.htm>]

### You may also be interested in these related MedlinePlus topics:

- Toilet Training [<http://www.nlm.nih.gov/medlineplus/toilettraining.html>]

- Urinary Incontinence [<http://www.nlm.nih.gov/medlineplus/urinaryincontinence.html>]
- Children and Teenagers [<http://www.nlm.nih.gov/medlineplus/childrenandteenagers.html>]

The primary NIH organization for research on *Bedwetting* is the National Institute of Diabetes and Digestive and Kidney Diseases [<http://www.niddk.nih.gov/>]

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