

Compulsive Gambling

URL of this page: <http://www.nlm.nih.gov/medlineplus/compulsivegambling.html>

Also called: Gambling addiction

Many people enjoy gambling, whether it's betting on a horse or playing poker on the Internet. Most people who gamble don't have a problem, but some lose control of their gambling. Signs of problem gambling include

- Always thinking about gambling
- Lying about gambling
- Spending work or family time gambling
- Feeling bad after you gamble, but not quitting
- Gambling with money you need for other things

If you have concerns about your gambling, ask for help. Your health care provider can work with you to find the treatment that's best for you.

NIH: National Institutes of Health

Start Here

- When the Stakes Turn Toxic: Learn about Problem Gambling [<http://newsinhealth.nih.gov/issue/May2011/Feature1>] (National Institutes of Health)

Overviews

- Compulsive Gambling [<http://www.mayoclinic.com/print/compulsive-gambling/DS00443/METHOD=print&DSECTION=all>] (Mayo Foundation for Medical Education and Research)
- Frequently Asked Questions -- Problem Gamblers [<http://www.ncpgambling.org/i4a/pages/Index.cfm?pageID=3314>] (National Council on Problem Gambling)

Diagnosis/Symptoms

- Pathological Gambling Criteria [<http://www.ncpgambling.org/i4a/pages/index.cfm?pageid=3439>] (National Council on Problem Gambling)

Clinical Trials

- ClinicalTrials.gov: Gambling [<http://clinicaltrials.gov/search/open/condition=%22Gambling%22>] **NIH** (National Institutes of Health)

Journal Articles

References and abstracts from MEDLINE/PubMed (National Library of Medicine)

- Article: Seeking safety therapy for pathological gambling and PTSD: a pilot... [<http://www.ncbi.nlm.nih.gov/pubmed/23662327?tool=MedlinePlus>]
- Article: Rapid brain responses independently predict gain maximization and loss minimization... [<http://www.ncbi.nlm.nih.gov/pubmed/23595758?tool=MedlinePlus>]
- Article: Shared genetic vulnerability for disordered gambling and alcohol use disorder... [<http://www.ncbi.nlm.nih.gov/pubmed/23527679?tool=MedlinePlus>]
- Compulsive Gambling -- see more articles [[http://www.ncbi.nlm.nih.gov/pubmed?term=gambling\[majr\]+AND+english\[la\]+NOT+](http://www.ncbi.nlm.nih.gov/pubmed?term=gambling[majr]+AND+english[la]+NOT+)]

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Directories

- Help for Mental Illnesses [<http://www.nimh.nih.gov/health/find-help/index.shtml>] **NIH** (National Institute of Mental Health)
- Mental Health Treatment Program Locator [<http://findtreatment.samhsa.gov/MHTreatmentLocator/faces/quickSearch.jspx>] (Substance Abuse and Mental Health Services Administration)

Organizations

- National Council on Problem Gambling [<http://www.ncpgambling.org/>]
- National Institute of Mental Health [<http://www.nimh.nih.gov/>] **NIH**

Teenagers

- Gambling Addiction [http://kidshealth.org/teen/your_mind/problems/gambling.html] (Nemours Foundation)
Also available in Spanish [http://kidshealth.org/teen/en_espanol/mente/gambling_esp.html]
- Teen Gambling [<http://www.healthychildren.org/english/ages-stages/teen/substance-abuse/Pages/Teen-Gambling.aspx?>] (American Academy of Pediatrics)

Seniors

- Older Adults at Increased Risk of Gambling Addiction [<http://www.ncpgambling.org/i4a/headlines/headlinedetails.cfm?id=897>] (National Council on Problem Gambling)

Patient Handouts

- Pathological gambling [<http://www.nlm.nih.gov/medlineplus/ency/article/001520.htm>]
Also available in Spanish [<http://www.nlm.nih.gov/medlineplus/spanish/ency/article/001520.htm>]

You may also be interested in these related encyclopedia pages:

- Pathological gambling [<http://www.nlm.nih.gov/medlineplus/ency/article/001520.htm>]

You may also be interested in these related MedlinePlus topics:

- Mental Health and Behavior [<http://www.nlm.nih.gov/medlineplus/mentalhealthandbehavior.html>]

Date last updated: 12 June 2013

Topic last reviewed: 21 March 2013